

icChoice.com

Carolyn Peguero Spencer, MA, LCSW, CPC
NPI 1467754820/44SC05426400 NJ license/078602 NY license
Phone: (973)647-4905 www.icchoice.com Fax: (888) 502-736

Limits of Confidentiality

Contents of all therapy sessions are considered to be confidential. Both verbal information and written records about a client cannot be shared with another party without the written consent the client or the client’s legal guardian. Noted exceptions are as follows:

- **Duty to Warn and Protect:**
When a client discloses intentions or a plan to harm another person, we are required warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, we are required to notify legal authorities and make reasonable attempts to notify family of the client.
- **Abuse of Children and Vulnerable Adults:**
If a client states or suggests that he or she is abusing a child (or vulnerable adult) or has recently abused a child (or vulnerable adult), or a child (or vulnerable adult) is in danger of abuse, we are required to report this information to the appropriate social service and/or legal authorities.
- **Minors and Guardianship:**
Parents or legal guardians of non-emancipated minor clients have the right to access clients’ records.
- **Insurance Providers:**
Insurance companies and other third-party payers are given information that they request regarding services to clients. Information that may be requested includes types of services, dates/times of services, diagnosis, treatment plans and progress of therapy, case notes and summaries.

I agree to the above limits of confidentiality and understand their meaning and ramifications.

Client Signature(Client’s Parent/ Guardian if under 18)

Date